WESTIN ACTIVITIES

Jalan Pantai Dato Syed Omar, 07000 Langkawi Kedah, Malaysia.



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
RECREATION ACTIVITIES	8.30AM Run Westin	7.30AM *Run Concierge at St Regis	7.30AM Run Westin	7.30AM *Run Concierge at St Regis	7.30AM Run Westin	7.30AM *Run Concierge at St Regis	8.30AM Yoga Session
		6PM Westin Bike (Lower Lobby)	6.30PM Yoga Session	6PM Westin Ride	6PM-7PM Zumba at Westin	6PM Westin Ride	
				12NOON Water VolleyBall (Ifinity Pool)	6.30PM Yoga Session		
TOURNAMENT	3PM	3PM	3PM	3PM	3PM	3PM	11AM
	Table Tennis Recreation Centre	Dart Squash Sand Court	Petanque Grass Field	Pool Table Recreation Centre	Squash Game Squash Court	Trivia Quiz Games Breeze Bar	Kids Olympics Games Kids Pool
KIDS ACTIVITIES	11AM Sand Castle Making Water Sport	11AM Trivia Quiz Games	11AM Heena Tatto Face Painting Kids Club	11AM Batik Painting Kids Club	11AM Kids Crazy Sign Dance Class Kids Club	11AM Kids Olympics Games	11AM Story Telling
	Beach	Kids Club	NIUS CIUD		Kids Club	Kids Club	Kids Club

Meeting point: Kids Club/Recreation Centre Run activities: subject to weather conditions